

News and Updates

March 2021

Care Home Visits - share your experiences



Care Home Visits - Online Forum Wednesday 31 March, 2.00pm - 3.30pm

We are holding a public forum via Zoom on Wednesday 31 March, to talk about care home visiting in Northumberland since the new guidance came into effect earlier this month. We'll be joined by Dr Jim Brown, Consultant in Public Health at Northumberland County Council and Alan Curry, Senior Manager – Commissioning, at Northumberland County Council. To register or send in a question for us to ask on your behalf, please get in touch.

Not online? That's fine!

As well as our online forum, we are running a short survey to find out about people's experiences of care home visits and what would help residents and their families as restrictions start to ease.

You can call us on 03332 408468 or text 07413 385275 and one of our friendly team will take your comments for our survey.



What are we hearing about health and social care services?

Our latest feedback report is out now, outlining what people told us about their care between October and December 2020.

We received your feedback and enquiries from telephone calls, emails and social media, and also through our online forums and events, as we continue to work differently during the Covid-19 pandemic.

The report can be found on our website; please get in touch if you would like a copy in the post.



Information and Signposting Service

Our information and signposting service can help you find the support and services you need. From finding a new dental or GP practice, to getting support with for a mental or physical health condition, we can point you in the right direction.

We also want to hear your experiences of using NHS and social care services over the last 12 months. Get in touch in one of the ways overleaf.

Spotlight on.. Young Minds



Young Minds is the UK's leading charity for children and young people's mental health. Its aim is a world where no young person feels alone with their mental health, where all young people get the support they need, when they need it.

The website is full of useful information and resources for young people, their parents and professionals and there's also a crisis messenger text service for free 24/7 support. If you need urgent help, text YM to 85258. Texts are answered by trained volunteers, with support from experienced clinical supervisors. The charity has a free Parents' Helpline for advice and support. Call 0808 802 5544 Monday to Friday 9.30am to 4.30pm.

Easter Hours

We will be closed on Good Friday, 2 April and Easter Monday, 5 April and will be back on Tuesday 6 April.

We wish all of our supporters a happy and peaceful Easter.



International Women's Day

healthwatch
Northumberland

call: 03332 408469
text: 07413 385275
healthwatchnorthumberland.co.uk



To celebrate International Women's Day this year, Northumberland County Council asked us to create a short video which was part of a live streamed event on the day.

With the theme 'Choose to Challenge', our Project Coordinator, Derry Nugent, talked about some of the health inequalities and bias that women face.

The video of Derry and other women from across the north east can be viewed on our, or Northumberland County Council's website.

Family and Friends Eating Distress Support

NIWE is a north east charity offering support for anyone whose life is affected by eating distress, whether they are having difficulties themselves or supporting someone.

NIWE provides a monthly support group for friends and families on the second Tuesday of the month, currently online, from 6.00pm to 7.30pm. For further information or to register, email: enquiries@niwe.org.uk

Get in Touch

We'd love to hear from you. Please contact us at one of the ways below.

Call: 03332 408468
Text: 07413 385275
Email: info@healthwatchnorthumberland.co.uk
Website: healthwatchnorthumberland.co.uk

Write to: FREEPOST Healthwatch Northumberland,
Adapt (NE), Burn Lane, Hexham,
Northumberland NE46 3HN

Social Media:

