

# West Northumberland Living Well Coordination Service

If you are registered at one of the following GP practices you can self-refer to our service anytime.

- Prudhoe Medical Group
- Riversdale Surgery
- White Medical Group
- Scot's Gap Medical Group
- Haltwhistle Medical Group
- Sele Medical Practice
- The Bellingham Practice
- Branch End Surgery
- Adderlane Surgery
- Humshaugh and Wark Medical Group
- Burn Brae Medical Group
- Corbridge Medical Group



## Get help to access:

- Housing, benefits & financial support
- Employment, training & volunteering
- Education and learning
- Healthy lifestyle advice & physical activity
- Arts, music and creative activities
- Befriending & counselling services
- Emotional support groups

The Living Well Coordination Service aims to offer non-medical support with your health and wellbeing and can help to connect you to a range of services.

Scan the QR code, give us a call or visit the website for more details.



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t: 01434 600599 (option 4)