

Diabetes UK Online talk 13/09/24

Useful information

Recipe finder - [Recipe finder - Enjoy Food | Diabetes UK](#)

Free leaflets - [Free diabetes information for you - Diabetes UK Shop](#). There are a couple of leaflets available in easy read and some in alternative languages are available to download.

Remission Hub - [Type 2 diabetes remission | Diabetes UK](#)

This page is very useful - [Diabetes health checks \(annual review\) | Diabetes UK](#).

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